Hello, my name is Patricia Blundon and I am writing today to tell you about my journey of self-discovery. And you thought I was here to talk about my business and the Clip Mirror™. And you would be right, but actually you can read how the Clip Mirror™ came about in the summer issue of Oh Canada! Magazine published online by the CDHA.

A quick review for those who may not know about the Clip Mirror™ here it is…The Clip Mirror™ is a Titanium size 5 mouth mirror that clips to your saliva ejector. The Clip Mirror™ will allow visibility with your mirror while simultaneously using your cavitron (or polisher) and saliva ejector. It is great for cavitroning the lingual of Quad 1 and max anterior especially when reclining patients is not an option. It also works great when applying sealants in Quad 2. For those hygienists who use their saliva ejector for retraction and suction and grab a mirror to see the area they are working on and then switch between mirror and suction throughout the appointment, the Clip Mirror™ may be for you. Also available at DH Essentials™ and only in Canada, for now, are titanium mouth mirrors which are brighter than rhodium.

Well, enough about the product and more about the journey. I actually began the journey or vision of the Clip Mirror™ over 10 years ago. It lay dormant for many years and then the motivation for change began. I had been practicing clinical Dental Hygiene for over 15 years. A change in my work environment was causing a great deal of stress for me and my co-workers who I considered to be like family. The stress was mounting both physically and emotionally. A friend and co-worker left the practice and the feeling of being a valued team member was diminishing daily. My medical doctor threatened blood pressure medication and the occasional morning of nausea and vomiting was telling me I needed to change something.

So I did…. I decided I needed to revisit the Clip Mirror™. I still loved being a Dental Hygienist and I had developed a very close relationship with my patients. I would continue to do the job that provided me with both a good paycheck and a sense of pride and satisfaction. But I would also begin the chase of a dream that got left behind. So, as I had done so many times before, I looked for motivation from a higher source…..The Self-Help Section of Chapter’s. I had frequented these aisles since I was a young adult.
and March break was coming. That meant two weeks in Florida where I would have time to read. I would make time to read something inspirational. I needed to be inspired.

I returned to work refreshed and committed to do whatever it would take to make my dreams a reality. After all, neither The Secret nor The Laws of Attraction were helping me to Think and Grow Rich. I had figured if I had just followed The 7 Habits of Highly effective People such as Eat, Pray and Love and Not Sweat the Small Stuff, I would surely learn How to Win Friends and Influence People and eventually the Clip Mirror™ would be a huge hit. And you thought I was kidding about the Self-Help books.

In all sincerity, I have to say that Books have been my biggest salvation. From learning how to write a patent and open a business or when I just needed a “You Can Do It Girl,” the right book just appeared on the shelf. I would go in looking for one book and come out with one that I needed, and at the time I needed it, to help propel me in the right direction. And what I learned from one of my latest book acquisitions titled “Manifesting Change,” by Mike Dooley is that where you are in your life right now is exactly where you need to be. Everything in your life that is happening right now is an opportunity for deeper understanding, greater love and Happiness. You are not at the mercy of the Universe, You direct it and the possibilities are infinite. It’s your turn. I hope you find your “Happiness.”